

Testimonials

"I stumbled across Belle's clinic in September 2011. I was overweight and fatigued with terrible digestive problems. I had tried several methods and diets to lose weight but I was unable to sustain any weight loss and my digestive issues were becoming worse with every fad diet and pharmaceutical product I tried.

Belle welcomed me in to her clinic with a warm smile and really took the time to listen to my history. I trusted Belle instantly and I felt that she was as invested in my health and well-being as I was.

Belle provided me with a detox plan as well as a series of colonics over a ten day period and reassured me that she would be there for me when times got tough. It was the toughest and most enlightening ten days of my life and without Belle's support I would not have got through it. I now understand what my body needs to be nourished and have developed a healthy relationship with food. I have lost 13 kilos and have also shed some excess emotional baggage as a result of the cleanse.

Colonics and cleansing is now a regular part of my health regime and I attend the clinic at least monthly to give my body a good clean and healing. My skin has never been brighter, I have endless energy and I love that I learn something new every time I have an appointment.

Not only did the cleanse make me feel healthy on the outside it made me healthy and revitalised on the inside. This experience has changed my life and has sparked my life long dream to pursue a career in natural medicine.

Please know that this is not just a testimonial but an opportunity to share my gratitude.

From the bottom of my heart I thank you Belle Gorman xox"

Sara-Jayne

Hi Belle,

I just wanted to thank you again for my treatment last Thursday. I was really spun out at the end and I don't think I was communicating too well! Also, the main reason for me doing the hydrotherapy was to see if it helped my eczema...and yesterday and today were the first days in a very long time where I haven't been itching...and my skin has improved heaps. I'm very much looking forward to coming back, and thanks again for accepting my measly deposit.

Cheers, Glyn 02/06/2012

Hi Belle

Colonic hydrotherapy has been something I've considered over the years, due to problems I had experienced over the past year. It goes back a lot further than just the last year, I had been experiencing bowel dysfunction on and off since I was 10 years old.

It got to a stage about a month ago when I had that I NEED THIS NOW feeling. I was then 6 weeks away from my wedding and I was killing it! I mean I quit smoking; junk food; alcohol (well mostly 😊); saturated animal fats; refined SUGARS; refined foods... switched to making my own super juices and massive protein, energy packed organic salads and water. Water is hard. Water is so very necessary, but when used to drinking coffee and soft drinks, switching back is a challenge. I was exercising my tush off as well. I had lost 4 kgs of the 8kg I needed to (yay me, right?), but I looked pregnant (and wasn't); felt sick and tired ALL THE TIME; took pills for everything and the more I took, the more I needed.

The first colonic @ Crestmead, I met Belle, who educated me on the what, why and how of the procedure. I was nervous and excited. Truly constipated people understand the excitement. I knew before I started that one session would not be enough to cleanse my system (I ended up requiring 4!), but I didn't expect the results I received. My weight loss plateaued, and then slowly started coming off again, but that didn't matter because my body fat seemed to finally be melting away. I'm not going to give away how that happened, Belle will explain at your first visit. I cannot stress this enough though, weight loss/maintenance is just one of the many benefits of colonic hydrotherapy. My skin looks amazing and has cleared up. My allergies are more manageable (I don't need to rush for the antihistamine). My energy has increased. My mental stamina has increased. My heart rate is a much healthier level. And I CAN POO AGAIN!

I am now a monthly member, to maintain a healthy bowel. I hope this testimonial helps anyone considering this for themselves. It is worth it and so are you!

Annie 3/9/2016

Hi Belle,

I have decided I will revisit this process as part of my annual health check which generally occurs in late Feb.

I think you have a very unique and professional business. You have the personality to manage this sensitive but important subject area with consummate ease.

Thank you.

Kind Regards, Tony/ 02/08/2012

Belle my girlfriends have just said how healthy I look!!!
Wow I'll look like someone else after another two treatments!!! See you Wednesday. Cheers Lindy

09/11/2012

I recently visited Belle for a course of three colon hydrotherapy sessions, in order to have a "spring clean".

Prior to booking in, I phoned the centre and was most impressed with the time Belle spent answering my numerous questions about the therapy. At my first visit, Belle again spent time with me explaining the process and all I needed to know about how the therapy works. To educate the client as well as providing a therapy, in my opinion, demonstrates excellent customer care.

The therapy rooms are immaculate, very calming, have a fresh aroma and client dignity is maintained at all times. I especially liked the educational dvd that is played during the session as it is very relevant and very informative.

All in all, the experience was very professional and caring, I feel lighter and healthier, and I would highly recommend Belle and her Detox Centre.

Wendy 6th September 2013

Over the last 21 years I've worked, lived and breathed the health industry whilst building my business. It's so important to me to authentically live my values and be as healthy as I can possibly be.

As part of my regular health regime, I use colonic therapy to assist my body to cleanse, release and detox anything that it no longer needs to function at optimum health and vitality.

Belle has the most professional, relaxing and easiest method of colonics that I have ever been fortunate to find.

(Especially since the nature of colonics is such an intimate, and for some, considered an embarrassing thing to talk about or actually do!)

If you have been "put off" by the thought of colonics in the past, then Belle is certainly for you.

It's such a simple, easy and painless way to really look after the inner health of you.

Kym Power

Founder

<http://www.rejuvenators.com>



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First of all, WOW I feel amazing following the colon hydrotherapy treatment last night! Reflecting on my experience I definitely prefer the open system and feel fresh and clean!

Thank you for your help and I look forward to my next session!
Jade

This is the only place I have found in Brisbane that offers self administered colonic irrigation. I have tried the other type of colonic where a therapist sits with you the entire time and I will never do that again. You do the whole process in a room by yourself so there is no embarrassment. I have been getting colonics here after doing a liver and gallbladder flushes and so far I've had great results. I will definitely go there again.

Anonymous 25/11/2013

I've had many colonics in the past but Belle's clinic is by far the most comfortable and professional place I've been too. I started liver flushing a little while ago and was skipping the recommended colonics out of laziness. Which was a mistake I soon released as the toxins overflowed giving me terrible skin and allergies. Now after each flush I visit Belle and always feel like a million dollars when I leave. The privacy, the management, the entertaining dvd's, there isn't a better place in Brisbane. Trust me I've searched.

Anonymous 25/11/2013

I was a really nervous first timer, but Belle made me feel really comfortable and was well informed. Felt great after treatment, lighter and less bloated. See you again soon Belle I'd highly recommend you any time.:)

Lisa 22/05/2013

Just wanted to praise and thank Belle for the cleanse and for giving me motivation to cleanse my body from my bad food habits I have. I also went out and got a vitamix blender and I love the new healthy me, my skin is glowing and I have more energy now that my pipes aren't so blocked and bloated. I'll be returning for my 1/4 yr cleanse.

Thanks Belle

Renee 22/05/2013

Thank goodness I have found a colonic irrigation place that uses the 'open' or privacy method. I was given a very clear explanation by a very helpful therapist, then left to experience the cleanse while watching a DVD which gave me more information. I felt cleansed and lighter after my sessions and will happily go back for more. Lovely management, clear instructions, spotlessly clean and my privacy kept completely intact!!

Lyn 15/05/2013

"Even staying hydrated and having a healthy high fibre diet, sometimes I find things are difficult to get moving! I feel great after a colonic at Belle's. The staff are discreet, the process is gentle and relaxing, and the facilities are clean and well maintained" (Monique K.)

LIVING SOCIAL REVIEWS

Very professional & helpful. Going back for some more !

10/06/14 Nick

Most impressive modern clean and professional

10/06/14 *Phillip*

I would highly recommend colonics for anyone who cares about their health

10/06/14 *June*

Friendly staff and great set up. Coming back soon..

10/06/14 *Patricia*

Friendly and explained everything really well

10/06/14 *Julie*

Friendly and made us feel comfortable.

10/06/14 *Raeli*

Made me feel very comfortable, explained things well and was a good experience :)

10/06/14 *Lyn*

very professionally run business, excellent customer service

10/06/14 *Rina*

Belle was so professional, explained everything

10/06/14 *Fiona*

GROUPON REVIEWS

Thanks for the session - see you soon!!

September 24, 2014

interesting experience

September 15, 2014

Friendly knowledgeable staff.

September 03, 2014

Thank you for your careful and comprehensive explanation, and exceptional service.

September 01, 2014

the service I was given was very professional and felt comfortable.

August 28, 2014

Sarah-Jane's thorough explanation of the examination definitely made the experience not so scary. Layout and cleanliness of the practice was also great.

August 27, 2014

Thank you for an amazing experience.

August 27, 2014

Lovely staff, professional and very helpful.

August 09, 2014

Thanks

July 31, 2014

Very lovely friendly staff and great set up!

July 29, 2014

Lovely customer service

July 29, 2014

Thank you! and I will be coming back for next year!

July 29, 2014

Great JOB

July 29, 2014

Great staff

July 29, 2014

You provided an extremely professional and personable service. I will definitely return. Thank you.

July 29, 2014

Highly recommended, everyone needs to detox.

July 05, 2014

I really enjoyed my session, the service was fantastic. You made me feel at ease and relaxed. I found you to be very professional and have already been telling my friends and family about you. I would come back to you again. Thank you

June 29, 2014

Great service

May 24, 2014

Thanks you are truly amazing look forward to seeing you again.

May 14, 2014

Great

May 14, 2014

Friendly staff who talk you through the treatment

May 14, 2014

Thank you for a very comfortable experience and for spending so much time explaining everything there is to know about it

April 26, 2014

Keep up the good work. I hope Groupon has bought you lots of long term customers. I will certainly be recommending your business!

April 25, 2014

Thank you.

April 13, 2014

Felt very comfortable, staff are very friendly, explanatory and welcoming. Ill definitely go back

April 12, 2014

Angel Detox has approached the Groupon Voucher as a way to get new cliental which is what I believe it is all about. They did not treat you any differently to one of their regulars.

April 06, 2014

Very informative visit, relaxing experience.

April 02, 2014

Professional knowledgeable staff and an amazing experience all round. As a first timer to colonic hydrotherapy you certainly made me feel at ease and answered every question I had.

March 26, 2014

Really liked the naturopath, and loved that she knew her stuff :)

March 26, 2014

Very patient in explaining how everything worked.

March 15, 2014

I would recommend this to everyone. Belle explains procedure well and made me feel comfortably. Thank you.

March 05, 2014

Very professional staff; made me feel at ease

March 01, 2014

It was a very informative experience. Thanks so much for teaching me so much about the importance of this kind of detox!

February 27, 2014

Very helpful :)

February 07, 2014

Really loved being able to watch such an informative documentary during the session. Would've liked to initially know the questions I was going to be asked at the end so I could keep better track of specifics. Otherwise was really impressed with the clinic, the treatment and Belle's way of doing things, abundance of information and beautiful energy.

January 23, 2014

Thank you

January 15, 2014

Great client care, felt at ease and relaxed during treatment. Defiantly going back .

January 11, 2014

Very friendly staff

January 11, 2014

Thank you for my first treatment. Was a little hesitant to begin with but Belle was very knowledgeable and provided a safe and comfortable environment.

January 10, 2014

Thanks for putting my mind at ease and providing me with all the extra information - look forwards to coming back

January 10, 2014

Ya'll cleaned my bum so well.

August 29, 2013

Thank you very much for attention and care! Hope to see you soon!

August 23, 2013

I am very happy with the treatment and the friendly and informative service.

August 16, 2013

Thank you Bell ! I will be back... Kell

July 31, 2013

Belle, Thank you for your wonderful service and relaxing but professional environment. You made me feel very comfortable throughout the treatment sessions. I feel great!

July 31, 2013

A very professional encounter. Thanks

July 24, 2013

Awesome thankyou

June 23, 2013

A really lovely and caring clinician who explained the process very well and made us feel comfortable and relaxed.

June 09, 2013